COMMUNITY

Page 7 – GM & FORD WOMEN'S GRUDGE MATCH!

EL CENTRAL HISPANIC NEWS

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SPORTS

USFL
UNITED STATES FOOTBALL LEAGUE

Pages 10 – USFL Announces Schedule and Ticket Pre-Sells !!!

Otro trágico incidente de Violencia armada en nuestro estado

Por Personal de EL CENTRAL

Una roca en la Michigan State University (MSU), lo dice todo: ¿Cuántos más? El pasado lunes, al Este de Lansing, mientras todo parecía estar en calma en el campus de la Universidad, un tiroteo dejó a tres estudiantes muertos y a otros cinco, luchando por sus vidas en el Hospital Sparrow. Horas después, el tirador fue encontrado muerto con una herida de bala autoinfligida. El violento ataque, ocurrió 15 meses después del tiroteo que dejó luto en la Escuela Secundaria Oxford y a casi cinco años del tiroteo en Parkland, Florida.

La gobernadora Whitmer, exalumna de la Universidad, habló de la tragedia. "Nuestra comunidad universitaria espartana y los habitantes de Michigan están devastados. No debería ser así", dijo. "Se supone que ciertos lugares son para la comunidad, el aprendizaje o la alegría: las escuelas primarias y los campus universitarios, los cines y los salones de baile, los supermercados y los lugares de trabajo; no deberían ser lugares de derramamiento de sangre. Este es un problema exclusivamente estadounidense.

Continúa en la pág.3

Another Tragic Incident of Gun Violence in Our State

By EL CENTRAL Staff

The rock on the MSU campus says it all: How Many More? On Monday, a quiet night on the Michigan State University campus in E. Lansing was interrupted by gunfire and when it was over, three students lay dead and another five students were fighting for their lives in nearby Sparrow Hospital. Hours later the shooter was found dead by his own hand. The violence occurred 15 months after the deadly shooting at Oxford High School and five years, nearly to the day, of the anniversary of the school shooting in Parkland, Florida.

Governor Whitmer, an MSU alumnus, spoke about the tragedy. "Our Spartan community and Michiganders across the state are devastated. It doesn't have to be this way," she said. "Certain places are supposed to be about community, learning, or joy — elementary schools and college campuses, movie theaters and dance halls, grocery stores and workplaces. They should not be the sites of bloodshed. This is a uniquely American problem. Too many of us scan rooms for exits when we enter them. We plan who that last text or call would go to. We should not, we cannot, accept living like this," she resolved.

cont on pg.3

MDP Hispanic Latino Caucus Elects Officers at Michigan Democratic Party Annual Spring Conference

From left: Veronica Beltran, 1st Vice Chair; Eva Garza Dewaelsche, Secretary; Belda Garza, 2nd Vice Chair; Alicia Juarez, Treasurer; Bryan L. Crenshaw, Chair

MDP Latino Caucus Annual Meeting members attending the MDP Annual Spring Convention at Huntington Place

The Michigan Democratic Party (MDP) Hispanic Latino Caucus held their annual meeting at the Michigan Democratic Party Spring Conference this past Saturday, February 11th at Huntington Place in downtown Detroit. They announced election of officers: Bryan Crenshaw, Chair; Veronica Beltran, 1st Vice Chair, Belda Garza, 2nd Vice Chair, Alicia Juarez, Treasurer, and Eva Garza Dewaelsche, Secretary.

"I'm pleased to have been re-elected as 2nd Vice Chair of the Caucus," said former State Representative Belda Garza. "I look forward to increasing our membership so that we can be a strong voice in the Michigan Democratic Party and across the State of Michigan. There are so many issues that negatively impact our Latino community that are not being addressed. We must be active in the political process in order to be heard."

"The MDP Hispanic Latino Caucus is approached each election cycle by numerous candidates who want our endorsement," said Eva Garza Dewaelsche. "It provides us a unique opportunity to ensure that Latinos are represented and that the candidates that the Hispanic Latino Caucus endorses intend to prioritize the issues that are important to our community."

The MDP Hispanic Latino Caucus is actively seeking new members and currently holds virtual bimonthly meetings. For more information go to: www.mdphispaniclatinocaucus.com or email evadewaelsche@gmail.com, BryanlCrenshaw@gmail.com, bpgarza@yahoo.com

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2 **Community** Report Shows Blacks and Latinos Missing out on Hottest Jobs

4 **Especial Culturas Del Mundo** Valentine's Day/ Día de San Valentín

7 **Community** GM & FORD WOMEN'S GRUDGE MATCH!

9 **Entertainment** Justina Miles interpreta en lenguaje de señas las canciones de Rihanna en el Super Bowl

10 **Sports** USFL Announces Schedule and Ticket Pre-Sells !!!

13 **Opinion** "¿Por qué Biden dedicó sólo un minuto a la reforma migratoria?"

13 **Jobs/ Trabajos**

Report Shows Blacks and Latinos Missing out on Hottest Jobs

Local think tank calls for these jobs to be the focus of Detroit's economic development strategy

On Monday, February 13, Detroit Future City (DFC) released its study entitled "Growth Occupations: Opportunities for more equitable participation in Detroit's Growing Economy," which identifies the top growth occupations in Metro Detroit, illustrates the inequitable access to this set of fast-growing well-paying jobs, and offers solutions to better connect Detroit's workers to the region's growing occupations.

Growth Occupations are jobs that are growing at the same or higher rate than the region as a whole, have increased wages between 2014-19, pay at least a middle-class wage ($25 per hour/$52,000 per year) and employ at least 300 people in the region. According to DFC's new report, there are 107 growth occupations in the region, accounting for one out of four jobs in Metro Detroit.

While these jobs are strong in the region, data in "Growth Occupations" shows that access to well-paying growth occupations is inequitable and that race and place play a role in shaping access to these jobs. Sixteen percent of Black workers in the region are in a growth occupation compared to 26% of white workers. Additionally, Black workers in Metro Detroit, at every level of educational attainment, are less likely to hold a growth occupation compared to white workers. And, Black and Latino workers who live in the city of Detroit are less likely to be employed in a growth occupation compared to their counterparts in the region. This is perpetuating Detroit's and the region's economic, racial divide.

"The city of Detroit and the region's economies are improving, but over the past decade low wage jobs have been the fastest growing. This leaves little opportunity for residents who are Black and Latino to access a middle-class wage. Detroiters cannot continue to serve as the low-wage talent pool for our region," said Anika Goss, DFC president and CEO. "In order to grow the middle class and create equitable and sustainable economic systems for all Detroiters, we need to create an economic development strategy that is laser focused on attracting and retaining these growth occupations that pay middle-class wages. We also need to remove barriers to these jobs for Black and Latino workers."

In late 2022, DFC announced its new 2030 strategic vision for the organization with goals to grow Detroit's middle class and improve the quality of life in Detroit neighborhoods. The plan stemmed from DFC's portfolio of research including the "Growing Detroit's African American Middle Class" and "The State of Economic Equity in Detroit" reports that noted the city's median household income of $36,000 remains just over half that of the region, white workers are paid nearly 1.4 times higher than Black and Latino workers, and that the number of middle-class neighborhoods in Detroit has decreased from 22 to 11 in the last 10 years.

"Growth Occupations" builds upon the findings from "The State of Economic in the Detroit" report to further investigate pathways for Detroiters to achieve middle class and participate in the region's growing economy.

DFC identified that about two-thirds of Metro Detroit's total growth occupations jobs are concentrated within one of three major fields: management, business, and finance; healthcare; and computer, engineering, and science (STEM). The 10 largest growth occupations account for 43% of growth occupation employment and most pay more than $35 per hour or $73,000 per year.

In Metro Detroit, three out of every four growth occupation jobs are within one of the seven industry sectors listed below.

- Healthcare and social assistance (17%)
- Manufacturing (16%)
- Professional, scientific and technological services (10%)
- Finance and insurance (10%)
- Construction (10%)
- Educational service (6%)
- Public administration (5%)

"Strong regional economies capitalize on all of the talent at their disposal to power inclusive growth," said Alan Berube, interim vice president and director of Brookings Metro. "Only by broadening access to the region's growing jobs and sectors can Detroit secure a prosperous future for all its residents."

Race and place interact in shaping access to growth occupations. Only 13% of Black and Latino workers who live in Detroit are employed in growth occupations, far below the regional average of 24% and below their Black and Latino/Hispanic counterparts in the region.

Additionally, there are substantial disparities in access to growth occupations based on a worker's educational attainment. Thirty-six percent of workers with a bachelor's degree are employed in a growth occupation, which is twice as high compared to someone with only some college. Someone with a bachelor's degree is four times as likely to work in a growth occupation compared to someone without a high school diploma, with only 9% of people without a high school diploma in growth occupations.

10 largest growth occupations together account for more than 40% of all jobs in growth occupations

10 largest growth occupations by jobs and median wage, Metro Detroit, 2021

Growth occupation	Jobs			Median wage
10 largest growth occupations	2021	Percent annual growth 2014 to 2019	Share of total growth occupations	2021
1. Registered Nurses	44,308	1.8%	10%	$37.60
2. General and Operations Managers	37,222	2.5%	8%	$49.03
3. Software Developers	22,182	3.4%	5%	$48.71
4. Accountants and Auditors	19,048	4.3%	4%	$37.33
5. Elementary School Teachers, Except Special Education	16,336	2.5%	4%	$31.02
6. Sales Representatives of Services*	14,174	4.7%	3%	$29.46
7. Business Operations Specialists, All Other	13,818	6.4%	3%	$36.57
8. Project Management Specialists	11,855	5.4%	3%	$47.17
9. Electricians	11,201	2.8%	2%	$35.51
10. Loan Officers	10,321	11.9%	2%	$38.46
10 largest growth occupations	**200,465**	**3.2%**	**43%**	
All growth occupations	**465,029**	**4.1%**	**100%**	

*Except Advertising, Insurance, Financial Services, and Travel

Source: Brookings analysis of Lightcast™ data

DFC proposes eight strategies in three key focus areas to create more equitable access to the region's growth occupations. The recommendations are centered around business attraction strategies to attract growth occupations the city, increasing awareness of and training for these jobs among youth and adult workers, ensuring access to these jobs through wrap-around services such as childcare, transportation and mental health, and evaluating hiring practices.

"This report should serve as a guide for cross-sector leaders in economic development, education, health, and human services to work together to create opportunities for Detroiters to access resources and training for these jobs, and then have a pipeline of solid jobs that pay middle class wages as the outcome," said Ashley Williams Clark, DFC vice president and director of the Center for Equity, Engagement, and Research.

The "Growth Occupations" report was informed by an advisory committee that included representatives from the State of Michigan and City of Detroit economic development departments, and business, workforce, education, philanthropy organizations. The report is funded by the W. K. Kellogg Foundation.

DFC will be hosting a webinar on March 8, noon – 1:30 p.m., to offer further insights and discussion about "Growth Occupations" and answer community questions. Panelists for the webinar include Bridgette Gray, Chief Customer Officer of Opportunity@Work; Kysha Frazier CEO of Corporation for Skilled Workforce; and, Joshua Sirefman, CEO of Ford Michigan Central, and Quentin Messer, CEO of Michigan Economic Development Corporation.

To view the "Growth Occupations," and register for the webinar, visit www.detroitfuturecity.com.

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EL CENTRAL HISPANIC NEWS

Otro trágico incidente de Violencia

Con't de pg. 1

Muchos de nosotros buscamos las salidas, cuando entramos en un lugar concurrido. Planeamos a quién enviaríamos ese último mensaje de texto o a quién llamaríamos. No debemos, ni podemos, aceptar vivir así", transmitió.

El presidente de la Cámara de Representantes de Michigan, Joe Tate, otro ex alumno de la Universidad Estatal de Michigan, estaba igualmente triste y enojado por la continua violencia armada en el Estado. "El pavor que sentí cuando escuché la noticia del tiroteo en el campus fue reemplazado rápidamente por la ira. Estoy enojado porque la seguridad y la protección de la Universidad Estatal de Michigan han sido destrozadas, por el flagelo exclusivamente estadounidense de la violencia armada", dijo.

"Tenemos una opción" continuó, "Podemos continuar debatiendo las razones de la violencia armada en Estados Unidos, o podemos actuar. No podemos seguir haciendo lo mismo una y otra vez y esperar un resultado diferente. Varias personas fueron asesinadas a tiros en la Universidad Estatal de Michigan y no comprendo cómo aquellos en posición de efectuar cambios, no están dispuestos a actuar", dijo.

Con ambas cámaras en la legislatura del estado de Michigan controladas por los demócratas por primera vez en 40 años, las medidas de seguridad pública y prevención de la violencia armada propuestas por la gobernadora Whitmer en su reciente discurso sobre la situación del estado de Míchigan, tienen muchas posibilidades de ser aprobadas este año. Puede leer un breve resumen del plan de la Gobernadora a continuación. Para aquellos que necesiten servicios de apoyo psicológico, consulte la lista de recursos disponibles en nuestra comunidad a continuación. Fuente: La Red de Salud Integrada de Detroit Wayne.

La Gobernadora Whitmer ha publicado una Propuesta de Seguridad Pública y Prevención de la Violencia por Armas de Fuego.

El desafío:

Debido a los hechos ocurridos, muchas personas se sienten inseguras en supermercados o lugares de culto. Demasiados niños se encuentran temerosos de ir a la escuela o jugar afuera. Durante el primer mandato de la gobernadora Whitmer, el estado de Michigan invirtió más de 1.000 millones de dólares en seguridad pública, aunque deben llevarse a cabo más acciones para reducir el crimen y la violencia armada.

Propuesta:

La gobernadora Whitmer, propone una inversión integral, adicional a la forma de aplicar la ley, que incluye capacitación de alta calidad, supervisión y acceso a recursos de salud mental. Para poder reducir la violencia con armas de fuego, se proponen reformas como la Verificación Universal de Antecedentes Penales, la Ley de Almacenamiento Seguro de Armas de Fuego y la Orden de Protección contra Riesgos Extremos (Leyes de Bandera Roja), para certificar que las armas de fuego, se encuentren almacenadas de forma segura en casa; fuera del alcance de quienes puedan representar un peligro para sí mismos o para otros.

Servicios y recursos de salud mental en el condado de Wayne

La Red de Salud Integrada de Detroit Wayne (DWIHN) es la red de seguridad pública para 75,000 personas que luchan con problemas de salud mental, trastorno por uso de sustancias y discapacidad en el condado de Wayne. Nuestra red de proveedores está disponible para ofrecer servicios a niños, familias y adultos con trastornos emocionales graves, autismo, ansiedad, depresión, ideación suicida y mucho más. Es nuestra responsabilidad servir y cuidar a algunas de las personas más vulnerables que viven en nuestros vecindarios y comunidades.

Hay varias formas diferentes de acceder a los servicios.

Descargue la aplicación myDWIHN para hablar o enviar mensajes de texto a alguien, acceder a recursos en la comunidad, averiguar dónde están los proveedores en su vecindario e informarse sobre eventos y capacitaciones. Disponible para descargar tanto en Apple Store como en Google Play Store.

Línea de ayuda DWIHN Access, 800-241-4949: personal capacitado disponible las 24 horas del día, los 7 días de la semana que lo ayudará a usted o a un ser querido a conectarse con los servicios y recursos de salud del comportamiento.

988-Línea directa para la prevención del suicidio: si usted o un ser querido tienen pensamientos suicidas, llame y obtenga ayuda.

Reachusdetroit.org-313-488-HOPE: llame o envíe un mensaje de texto a cualquier persona mayor de 14 años que tenga un problema de salud mental. Especialistas capacitados en salud conductual realizarán una evaluación y brindarán a las personas la ayuda que necesitan. Involucra a las personas y ofrece apoyo terapéutico las 24 horas del día, los 7 días de la semana, independientemente de su capacidad de pago.

Primeros auxilios de salud mental: aprenda cómo reconocer a alguien en crisis y cómo responder, llame al 888-490-9698.

Navegador de veteranos: servicios gratuitos para veteranos y sus familias, independientemente de su estado militar, llame al Navegador de veteranos Chris Brown, 313-585-0061.

Recursos gratuitos de salud mental: MyStrength: descargue esta aplicación gratuita de salud mental para ayudar con la ansiedad, la depresión y los consejos de bienestar.

Chequeo de salud mental sin Mindwise en el sitio web: www.dwihn.org, haga clic en "Obtener un chequeo de salud mental"

Another Tragic incident

Con't from pg. 1

Speaker of the Michigan House of Representatives, Joe Tate, another Spartan alumnus, was equally sadden and angered by the continuing gun violence in our state. "The dread I felt as I heard the news of a gunman on campus was quickly replaced by anger. I am angry that the safety and security of Michigan State University has been shattered by the uniquely American scourge of gun violence," he said.

"We have a choice," continued the Speaker. "We can continue to debate the reasons for gun violence in America, or we can act. We cannot continue to do the same thing over and over again and hope for a different outcome. Multiple people were shot and killed at Michigan State University. I have no understanding left for those in a position to effect change who are unwilling to act," he said.

With both houses in the Michigan State legislature controlled by the Democrats for the first time in 40 years, the public safety and gun violence prevention measures proposed by Governor Whitmer in her recent State of the State Address have a very good chance of passing in one form or another this year. See a brief summary of the Governor's plans below. For those who may be in need of mental health support services, see the list of resources available in our community below. Source: The Detroit Wayne Integrated Health Network.

Governor Whitmer's Plan for Public Safety and Gun Violence Prevention

The Challenge:

Right now, too many people feel unsafe at the store or in their houses of worship. Too many kids feel unsafe going to school or playing outside. In Governor Whitmer's first term, Michigan invested over $1 billion in public safety, but we must do more to reduce crime and gun violence.

The Plan:

Governor Whitmer is proposing an additional comprehensive investment in law enforcement including better training, oversight, and access to mental health resources. To reduce gun violence, she is proposing common sense reforms—universal background checks, safe storage laws, and extreme risk protection orders (red flag laws) — so we can make sure guns are kept out of the hands of those who might represent a danger to themselves or others and stored safely at home.

Mental Health Services and Resources in Wayne County

The Detroit Wayne Integrated Health Network (DWIHN) is the public safety net for 75,000 people struggling with mental health, substance use disorder, and disability concerns in Wayne County. Our Provider network is available to offer services for children, families and adults with serious emotional disturbance, autism, anxiety, depression, suicidal ideation, and much more. It is our responsibility to serve and care for some of the most vulnerable people living in our neighborhoods and communities.

There are several different ways to access services.

Download the myDWIHN app to talk or text someone, access resources in the community, find out where providers are in your neighborhood, and learn about events and trainings. Available for download in both the Apple Store and Google Play Store.

DWIHN Access Helpline, 800-241-4949: Trained staff available 24/7 who will help get you or a loved one connected to behavioral health services and resources.

988-Suicide Prevention Hotline: If you or a loved one are struggling with suicidal thoughts, call and get help.

Reachusdetroit.org-313-488-HOPE-call or text line for anyone 14 years and older who has a mental health concern. Trained behavioral health specialists will do an assessment and get people the help they need. Engages individuals and offers therapeutic support 24/7 regardless of ability to pay.

Mental Health First Aid-learn how to recognize someone in crisis and how to respond, call 888-490-9698.

Veteran Navigator: Free services to Veterans and their families regardless of military status, call Veteran Navigator Chris Brown, 313-585-0061.

Free Mental Health Resources: MyStrength-download this free mental health app to help with anxiety, depression, and wellness tips.

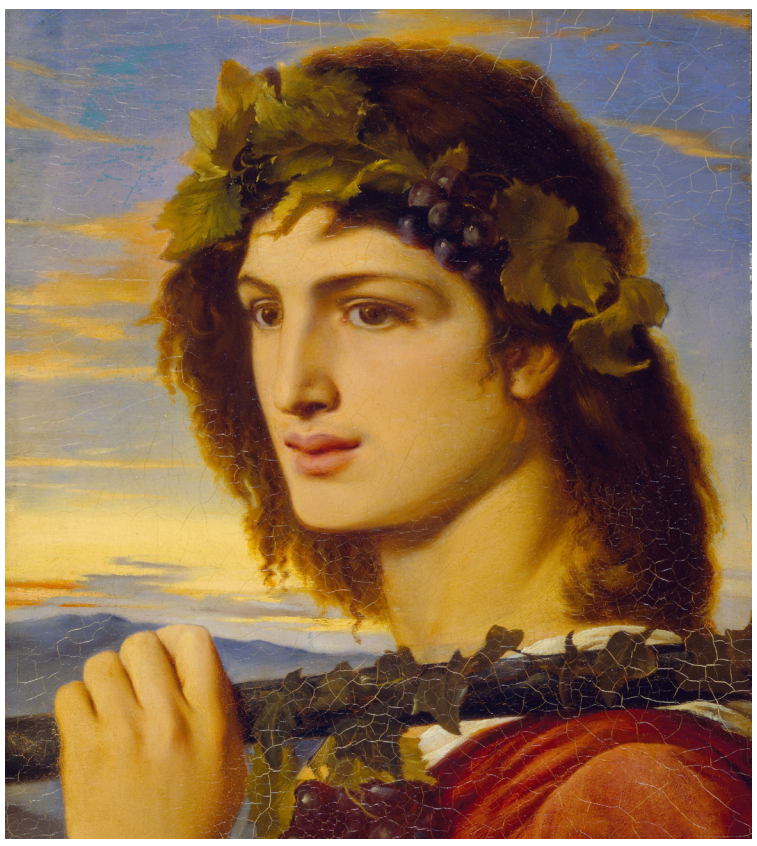
Mindwise-free mental health check on website: www.dwihn.org, click on "Get a Mental Health Checkup"

SPECIAL, WORLD'S CULTURES
Valentine's Day

Valentine's Day

For Western societies, February 14 is undoubtedly a day of sensitivity towards the love of a couple and the love of friendship: Eros and Filias. Not many know who Valentine's Day was, but it is known that in homage to him it is commemorated with gifts, roses, chocolates and other expressions that contemplate deep love and devotion towards loved ones, mainly the couple.

There are many stories that tell the origin of this festivity, some relate to the prohibition of the Roman emperor in the third century AD. who prohibited the marriage of soldiers with the desire that they would not have a reason to return home and surrender to the fight without fear of losing their lives. Saint Valentine, at that time, was a Roman priest who, during the prohibition of the Roman Emperor Claudius II, decided to rebel and help those soldiers who, before leaving for the wars of conquest and defense of the empire, decided to marry. San Valentía believed in the free will to choose the couple and defied the order of the emperor, marrying the soldiers in the dungeons and other places far from what was thought, to be in sight of the emperor.



However, Claudio II received reports of everything that happened under the territory of his government, he found out that San Valentía refused to comply with the order prohibiting marriage, condemning him to death. Saint Valentine was beheaded.

However, it was not until the end of the fifth century after Christ, that Pope Gelasio designates February 14 as the day of homage to this saint, celebrating the friendship of the man who helped those in love.

Therefore, Valentine's Day refers to a Catholic holiday that contrasts with the pagan celebrations that spread throughout the Roman Empire.

February, at that time, was only the second month of the year, the month in which Lent commonly began, alluding to the days of seclusion that would come to promote fasting among Catholics.

February 14 is currently questioned by many as a commercial allegory day, even if this were the case, it should be noted that acting for the well-being and recognition of those you love is not bad. In addition to this, it is just one month before the end of winter in northern countries when the days are still short and the nights are long.

Saint Valentine is therefore the patron saint of love, protecting secrets, illusions and gratitude to the other with expressions that range from the simplest to the most ostentatious, delivering roses, popsicles and small samples that brighten the coexistence with secret friends, exchanges and lovers who find space on the calendar to say what they feel.

Although it is questioned, now the recipe for love goes through songs, signs, cards, and other forms of illusion.

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ESPECIAL CULTURAS DEL MUNDO

Día de San Valentín

Día de San Valentín

Para las sociedades occidentales, el 14 de febrero es sin duda un día de sensibilidad hacia el amor de pareja y el amor de amistad: Eros y Filias. No muchos saben quién fue San Valentín, pero se sabe que en homenaje a éste se conmemora con regalos, rosas, chocolates y otras expresiones que contemplan profundo

amor y devoción hacia las personas amadas, principalmente, la pareja.

Existen muchas historias que cuentan el origen de esta festividad, algunos se lo atañen a la prohibición del emperador romano en el siglo III d.C. quien prohibió el matrimonio de los soldados con el afán de que ellos no tuviesen una razón porqué volver a casa y se entregaran a la lucha sin temor a perder la vida. San Valentín, en esa época era un sacerdote romano que durante la prohibición del emperador romano Claudio II decidió rebelarse y ayudar a aquellos soldados que antes de partir a las guerras de conquista y defensa del imperio decidieran unirse en matrimonio. San Valentía creía en el libre albedrío para elegir a la pareja y desafió la orden del emperador, casando a los soldados en los calabozos y otros lugares lejos de lo que se pensó, estar a la vista del emperador.

Sin embargo, Claudio II recibía informes de todo aquello que sucedía bajo el territorio de su gobierno, se enteró que San Valentía se rehusaba a acatar la orden de prohibición al matrimonio, condenándolo a muerte. San Valentín fue decapitado.

Sin embargo, no fue sino hasta finales del siglo V después de Cristo, que el papa Gelasio designa al 14 de febrero como el día de homenaje a este santo celebrando la amistad del hombre que ayudó a aquellos enamorados.

Por tanto, San Valentín atañe a una festividad católica que contrapone a las celebraciones paganas que se extendían a lo largo y ancho del imperio romano.

Febrero, en esa época era tan solo el segundo mes del año, mes en que comúnmente se daba inicio a la cuaresma, aludiendo a los días de retraimiento que vendrían para promover el ayuno entre los católicos.

El 14 de febrero actualmente es cuestionado por muchos como un día alegoría a lo comercial, aunque esto fuera así, cabe destacar que actuar por bienestar y reconocimiento a aquellos a quienes se ama no cae mal. Aunado a ello, es justo a un mes que en los países del norte es previo al fin del invierno cuando los días aún son cortos y las noches largas.

San Valentín, es pues el santo patrono del amor, amparando los secretos, las ilusiones y la gratitud al otro con expresiones que van de lo más sencillo a lo más ostentoso, entregando rosas, paletas y pequeñas muestras que alegran la convivencia con amigos secretos, intercambios y enamorados que encuentran el espacio en el calendario para decir lo que sienten.

Aunque se cuestione, ahora la receta del amor va de canciones, letreros, tarjetas, y otras formas de ilusión.

Espera nuestro Especial Semanal

CULTURAS LATINOAMERICANAS,

by Mariana Ayón RV

Programa de Becas HACEMOS Está recibiendo Aplicaciones Para el Año Academico 2023-24

HACEMOS, el grupo de empleados hispanos/latinos de AT&T, está aceptando aplicaciones para su Programa de Becas HACEMOS 2023-24.

Con el objetivo de apoyar a la próxima generación de líderes hispanos, el Programa de Becas HACEMOS otorga becas de $1,500 a estudiantes universitarios de dos años y $2,500 a estudiantes universitarios de cuatro años.

"Vengo de humildes orígenes y entiendo los desafíos y obstáculos que muchos enfrentan al buscar una educación superior. Estoy agradecido por la oportunidad de ser parte de una organización dedicada a romper estas barreras y brindar acceso a oportunidades educativas a la comunidad hispana," dijo Nelson Salgado, presidente de HACEMOS Capitulo de Michigan. "Mis propias experiencias han alimentado mi pasión por dar y ayudar y estoy honrado de apoyar este esfuerzo para crear un futuro más brillante para la próxima generación de líderes hispanos."

Los criterios de elegibilidad para los solicitantes incluyen:

• Ser de origen hispano O ser hijo dependiente* de un miembro activo de HACEMOS y tener 25 años o menos a partir de la fecha límite de solicitud.

• Estudiantes de último año de secundaria o graduados que planean inscribirse en estudios de pregrado a tiempo completo en una universidad o colegio universitario acreditado de dos o cuatro años en Estados Unidos, Puerto Rico, Islas Vírgenes de Estados Unidos, Guam o cualquier otro territorio de Estados Unidos durante todo el año académico 2023-24.

• Los estudiantes que ya están inscritos pueden solicitarlo.

• Inscribirse en al menos 12 horas de crédito por semestre en el curso que conduce a un grado.

• Tener un promedio de calificación acumulada de 3.0 o mejor en una escala de 4.0 (o el equivalente).

La fecha límite para solicitar la beca es el 2 de marzo de 2023, antes de las 3 pm CST.

El grupo de empleados hispanos/latinos HACEMOS de AT&T es una organización sin fines de lucro 501c3 con 8,500 miembros comprometidos en el servicio comunitario y a inspirar a la próxima generación de líderes a través de eventos como el Día de la Alta Tecnología HACEMOS y su Programa de Becas.

El Programa de Becas HACEMOS se nutre de fondos recaudados durante eventos especiales como torneos de golf, carreras 5K y otras iniciativas con el apoyo de miembros activos, empleados de AT&T y socios comunitarios. Desde el 1998 el programa ha otorgado más de 4 millones de dólares en becas a estudiantes.

Para obtener más información sobre la Beca HACEMOS y cómo solicitarla, visite

https://scholarshipamerica.org/scholarship/hacemos-scholarship-program/.

HACEMOS Scholarship Accepting Applications for 2023-24 Academic Year

HACEMOS, AT&T's Hispanic/Latino employee group, is now accepting applications for its 2023-24 HACEMOS Scholarship Program.

Aimed at supporting the next generation of Hispanic leaders, the HACEMOS Scholarship Program awards scholarships of $1,500 to two-year college students and $2,500 to four-year college students.

"Coming from humble beginnings, I understand the challenges and obstacles that many face in pursuing higher education. I am grateful for the opportunity to be a part of an organization dedicated to removing these barriers and providing access to educational opportunities for the Hispanic community," said Nelson Salgado, President of HACEMOS Michigan Chapter. "My own experiences have fueled my passion for giving back and I am honored to support this effort to create a brighter future for the next generation of Hispanic leaders."

Eligibility criteria for applicants include:

• Be of Hispanic heritage OR be a dependent* child of an active HACEMOS member and age 25 and under as of the application deadline.

• High school seniors or graduates who plan to enroll in full-time undergraduate study at an accredited two-year or four-year college or university in the United States, Puerto Rico, U.S. Virgin Islands, Guam or any other U.S. territory for the entire 2023-24 academic year.

• Students who are already enrolled may apply.

• Enroll in at least 12 credit hours per semester in coursework leading to a degree.

• Have a cumulative Grade Point Average of 3.0 or better on a 4.0 scale (or the equivalent).

The deadline to apply for the scholarship is March 2, 2023, at 3 pm CST.

AT&T's HACEMOS Hispanic/Latino employee group is a 501c3 organization with 8,500 members nationwide dedicated to community engagement and inspiring the next generation of leaders through signature events like HACEMOS High Technology Day and their Scholarship Program.

The HACEMOS Scholarship Program is made possible through fundraising events that include golf tournaments, auctions and 5k runs with the support of AT&T employees and community partners. The program has awarded more than 4 million dollars in scholarships since 1998.

For more information about HACEMOS Scholarship and how to apply, visit

https://scholarshipamerica.org/scholarship/hacemos-scholarship-program/.

Applications now open for Detroit Neighborhood Beautification Grants

Mayor Mike Duggan and City Council President Mary Sheffield recently announced that applications are now open for Detroiters to apply for the second annual Neighborhood Beautification Program (NBP), which awards grants that range from $500 to $15,000 to help improve communities across the city.

The NBP grants provide funding for Detroit-based neighborhood associations, block clubs, faith-based organizations and nonprofits that currently own the property where they want to carry out a project in the community. Last year saw 36 recipients awarded a total of almost $500,000 in 2022, including for projects in all seven City Council districts. The program was created to support three types of projects:

• Clean-up activities.
• Community gardens.
• Public spaces/activities.

For those hoping to beautify their community but do not own the land, the NBP will assist organizations with purchasing or leasing vacant lots owned by the Detroit Land Bank Authority. Up to 50 projects a year will receive funding. This year's deadline to apply is March 17.

"Detroiters are proud of their communities and want to roll up their sleeves and beautify the streets they call home, sometimes they just need a bit of financial help to do so," Mayor Duggan said. "These grants are a great example of how the City of Detroit is partnering with residents to help beautify their neighborhoods. This program is a key tool in helping Detroiters rebuild Detroit."

The NBP is part of the Neighborhood Improvement Fund (NIF), which was championed by Council President Sheffield as part of the development deal for the Detroit Pistons' new headquarters and training facility in District 5. The initial funding for the program is $2.25 million, which includes $1.25 million in American Rescue Plan Act (ARPA) funding and $1 million in NIF funding. NIF dollars are derived from the net income tax revenue collected from NBA players' salaries during home games played at Little Caesars Arena and the salaries of Pistons and Palace Sports & Entertainment employees.

"As the creator of the Neighborhood Improvement Fund, my goal is to help fund the champions in the neighborhoods who have assisted with the upkeep and maintenance to enhance the areas that they live," Council President Sheffield said. "I am overjoyed that the second round of applications for the Neighborhood Beautification Program is now live, and I am looking forward to the seeing how the vision of our applicants transform into tangible benefits in the neighborhoods."

The NIF has an expressed purpose of removing blight; providing new recreational opportunities and home repairs for senior citizens and disabled Detroiters; creating educational and apprenticeship opportunities for young people; and financing affordable housing developments – all with the goal of enhancing, strengthening and transforming Detroit neighborhoods outside of Midtown and downtown.

The Neighborhood Beautification Program is overseen by the City of Detroit's Housing & Revitalization Department and administered by the Wayne Metropolitan Community Action Agency (Wayne Metro).

"The Neighborhood Beautification Program is playing a key role in our efforts to turn blight into beauty," said Tamra Fountaine Hardy, director of HRD's Neighborhood Services Division, which oversees the NBP. "Our first year was a tremendous success, and we know that as more people see the difference this program is making, we'll see even more Detroiters applying as we build our city back better than ever before."

How to apply

Organizations can apply at www.waynemetro.org/neighborhood-beautification-grant. The City's Department of Neighborhoods (DON) has also been sharing information about the program during its regular DONcast meetings with communities in each council district to prepare block clubs and neighborhood associations on how to apply.

A question-and-answer session to help Detroiters with the application process is set for Feb. 22, with details to be available on Wayne Metro's website.

The funds available under the NBP can be used to fuel creative ideas, spark neighborhood revitalization, or strengthen the connections between neighborhood-based groups. The City of Detroit will provide resources to allow the eligible organizations and residents to become actively engaged in the health and well-being of their community and to encourage residents to get involved in making their neighborhood better.

Nonprofits and faith-based organizations must partner with a block club or neighborhood association to apply.

The City has weekly Neighborhood Beautification Program office hours, where residents can join an online chat to get help. For more information on applying, residents can e-mail Contact Samuel Coons or Karmel Reeves at Samuel.Coons@detroitmi.gov or Karmel.Reeves@detroitmi.gov.

EL CENTRAL
HISPANIC NEWS

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El Central informs and celebrates Metro Detroit's Hispanic and Latino/a community and Southwest Detroit in particular and supports the professional development of local reporters and photographers who seek to enter the journalism profession.

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GM & FORD WOMEN'S GRUDGE MATCH!

5th Annual Women's Automotive Cup Hockey Game

Photos provided by Jon DeBoer

GM Goal in 2022 - Each team has won two games in the series

Action Shot from Ford vs GM 2022

Ford Motor Company and General Motors female employee hockey teams return to Clark Park's outdoor hockey rink to face off for charity Saturday, February 18. Doors open at 6:00 with puck drop by Deborah Wahl, GM Senior VP and Global Chief Marketing Officer, at 7 pm.

The 5th Annual GM vs. Ford Automotive Cup will feature a game with three 15-minute periods, concessions donated by Green Dot Stables and Motor City Brewing Works, the wildly popular Chuck-a-Puck, and a silent auction. All proceeds benefit Clark Park Coalition and Matrix Theatre Company, two nonprofits located in southwest Detroit. A $5 donation at the gate is suggested.

"The team that wins the game takes home the trophy and bragging rights for the year, but the team that raises the most cash for the two charities gets naming rights for the 2024 game," said Megan Buckley-Ball, co-founder of the event. "It's easy. Prior to game day, go to matrixtheatre.org, click the Donate button and help the team of your choice, Team Ford or Team GM, to raise the most money. Game attendees will have the opportunity to attribute their admission and concession donations to their favorite team, as well." In addition to the hockey game, this year's event will also include a 50/50 raffle and some fun outdoor games.

"This game is significant," said Birdie Buckley-Ball, GM employee and co-creator of the Automotive Cup. "Ford and GM have each won two games apiece. This game is the grudge match. We're thrilled to have Deborah Wahl, Senior VP and global chief marketing officer dropping the puck to begin this decisive game."

"We're happy to be partnering again with Matrix Theatre for this event," said Clark Park Executive Director Anthony Benavides. "Each year we look forward to this great event, as we watch it grow. This year is no exception."

"This is a great partnership," said Buckley-Ball. "Hockey and theatre complement each other and are great tools that teach collaboration and teamwork and inspire youth to be the best at what they do. We're all looking forward to a great day on the ice for a good cause."

Sponsors for the 5th Annual Women's Automotive Cup include Ideal Contracting, the Brennan Group, Crossover Solutions, Pappas Consulting, Molly McMahon & Brian Cronin, and James Pappas.

For further information, or to donate online, visit www.matrixtheatre.org. To donate by check, make it payable to Matrix Theatre Company, and mail it to 2730 Bagley, Detroit, MI 48216.

Automotive Cup logo designed by Erica Mench and Automotive Cup flyer on pg 16 by Megan Buckley Ball

Mini Loaves

Ingredients

- 1 pound lean ground beef
- 1/2 cup onions, finely chopped
- 1 egg
- 12 saltine crackers, finely crushed
- 1 1/2 cups Mexican-style four cheese blend, finely shredded, divided
- 1 cup thick and chunky salsa, divided

Directions

Ready In:
40 minutes

Step 1 -
Preheat the oven to 400 degrees F.

Step 2 -
Spray 12 muffin cups with nonstick spray.

Step 3 -
In a bowl, mix the ground beef, the onions, the egg, the cracker crumbs, 1 cup of the cheese, and 1/2 cup of the salsa until they are just blended.

Step 4 -
Press the meat mixture into the prepared muffin cups.

Step 5 -
Use the back of a spoon to make indentations in the center of the meatloaves.

Step 6 -
Place the muffin pan on a foil-covered baking sheet.

Step 7 -
Bake until the meatloaves are cooked through, about 20-25 minutes.

Step 8 -
Top each meatloaf with the remaining salsa and the remaining cheese.

Step 9 -
Bake the mini loaves until the cheese has melted, about 3 minutes.

Step 10 -
Serve.

Cinnamon Roll Sheet Cake

Ingredients

For the filling:

- 1 1/2 cups brown sugar, loosely packed
- 7 tablespoons ground cinnamon
- 15 tablespoons salted butter, melted

For the cake:

- 1 cup unsalted butter, at room temperature
- 1 1/2 cups sugar
- 1/2 cup plus 1 tablespoon sour cream
- 3/4 cup milk
- 3 large eggs
- 3 teaspoons vanilla extract
- 3 cups all-purpose flour
- 3 teaspoons baking powder
- 3/4 teaspoon salt

For the icing:

- 4 1/2 tablespoons salted butter
- 3/4 cup sugar
- 1 cup plus 2 tablespoons heavy whipping cream
- 1 1/2 teaspoons vanilla extract
- 4 1/2 teaspoons corn syrup
- 4 ounces cream cheese
- 2 cups powdered sugar, sifted

Directions

Ready In:
40 minutes

Step 1 -
Preheat the oven to 350 degrees F.

Step 2 -
Grease a 13x18-inch rimmed baking pan.

Step 3 -
In a medium bowl, combine the brown sugar and the cinnamon.

Step 4 -
Add 15 tablespoons of the melted butter to the cinnamon mixture and mix until it is combined. Set aside.

Step 5 -
In a large bowl, combine 1 cup of the unsalted butter and 1 1/2 cups of the sugar and use an electric mixer to beat on medium speed until it is light and fluffy, about 3-4 minutes.

Step 6 -
Add the sour cream to the butter mixture and mix until it is well incorporated.

Step 7 -
Add the milk to the batter mixture and mix well until incorporated.

Step 8 -
Add the eggs and 3 teaspoons of the vanilla to the batter mixture and mix until it is smooth.

Step 9 -
In a separate bowl, combine the flour, the baking powder, and the salt together.

Step 10 -
Add the dry ingredients to the wet ingredients and mix until the batter is smooth.

Step 11 -
Pour the batter into the prepared pan and use a spatula to spread it out evenly.

Step 12 -
Drizzle the cinnamon sugar mixture on top of the cake, then use a toothpick to swirl it around.

Step 13 -
Bake the cake until a toothpick inserted in the center comes out with a few crumbs, about 20-25 minutes.

Step 14 -
Allow the cake to cool in the pan.

Step 15 -
While the cake is cooling, in a small saucepan over low heat, combine the remaining salted butter, the remaining sugar, the whipped cream, the remaining vanilla extract, and the corn syrup and cook until the sugar has melted.

Step 16 -
Increase the heat to medium and bring the icing mixture to a boil.

Step 17 -
Boil the icing mixture, stirring occasionally, for 3 minutes.

Step 18 -
Transfer the icing mixture from the heat and immediately pour it into a heat-proof glass bowl.

Step 19 -
Use an electric hand mixer to beat the cream cheese and the powdered sugar into the icing mixture.

Step 20 -
Allow the icing to cool slightly and thicken.

Step 21 -
Evenly pour the icing over the cake.

Step 22 -
Slice and serve warm.

Weeknight Chili

Ingredients

For the chili:

- 2 pounds beef petite tender steak, trimmed and cut into 1-inch cubes
- salt, to taste
- pepper, to taste
- 2 tablespoons olive oil
- 1 yellow onion, chopped
- 4 cloves garlic, chopped
- 2-3 teaspoons chipotle chili powder
- 2 teaspoons dried oregano
- 2 teaspoons ground cumin
- 1 (6-ounce) can tomato paste
- 5 (4.5-ounce) cans chopped green chiles
- 4 cups chicken broth
- 1 (14.5-ounce) can stewed tomatoes
- 1 cup water
- 2 tablespoons plain yellow cornmeal

For the toppings:

- green onions, to taste
- fried onion rings, to taste
- sour cream, to taste
- cheddar cheese, to taste

Directions

Ready In:
55 minutes

Step 1 -
Sprinkle the beef with the salt and the pepper.

Step 2 -
Heat the olive oil in a large enamel cast-iron Dutch oven over medium-high heat.

Step 3 -
Add the beef to the Dutch oven and cook, stirring often, until it has browned, about 5-6 minutes.

Step 4 -
Transfer the beef to a platter.

Step 5 -
Add the onions to the Dutch oven and cook, stirring often, until they are tender, about 3 minutes.

Step 6 -
Add the garlic, the chipotle chili powder, the oregano, and the cumin and cook, stirring constantly, until the spices are fragrant, about 2 minutes.

Step 7 -
Stir the tomato paste into the onion mixture and cook, stirring constantly, until it is fragrant, about 2 minutes.

Step 8 -
Add the green chiles, the chicken broth, the tomatoes, the browned beef, and the water to the onion mixture and bring it to a boil.

Step 9 -
Boil the mixture, stirring occasionally, for 20 minutes.

Step 10 -
Taste the chili for seasoning and sprinkle it with the cornmeal.

Step 11 -
Cook the chili, stirring constantly, until it has thickened, about 5 minutes.

Step 12 -
Serve the chili topped with the green onions, the fried onion rings, the sour cream, and the cheddar cheese.

ENTRETENIMIENTO

Justina Miles interpreta en lenguaje de señas las canciones de Rihanna en el Super Bowl

La presentación de Rihanna en el medio tiempo del Super Bowl LVII, no sólo fue elogiada por la colombiana Karol G, también causó revuelo por la presencia de Justina Miles, intérprete de lenguaje de señas, quien apoyó a la oriunda de Babados para que el show fuera un éxito.

Miles, de 20 años, caracterizó todas las canciones de la cantante, entre las que se incluyó 'Umbrella' y 'Diamonds'. Su participación fue vital para que millones de espectadores que sufren alguna discapacidad auditiva pudieran disfrutar del espectáculo ofrecido en el State Farm Stadium en Arizona.

La participación de Justina no sólo estuvo acorde con lo presentado por Rihanna, también destacó en redes sociales, pues se consideró que su interpretación estuvo, en todo momento, llena de energía, así como bien personificada, al llevar el ritmo de las canciones.

Por tal razón, un nutrido número de usuarios de las redes sociales, principalmente, en Twitter, elogiaron que ella fue la primera mujer afroamericana sorda en actuar durante el espectáculo de medio tiempo del juego más importante de la NFL. Esto provocó que aplaudieran que se tengan acciones de inclusión.

"¡Increíble! ¡La intérprete de lenguaje de señas estadounidense #JustinaMiles fue la primera mujer afroamericana sorda en actuar en los espectáculos previos al juego y de medio tiempo del Super Bowl LVII! Me encanta ver toda esta inclusión y representación. ¡Felicitaciones a esta #HistoryMaker!" escribió un usuario de Twitter.

Desde hace algún tiempo, en diversos festivales y eventos importantes, se incluye a intérpretes de señas para que las personas que viven con problemas auditivos puedan disfrutar de los espectáculos. Por ello, la NFL no se ha quedado atrás en esta tendencia. La fama que ha cobrado Justina Miles por otras actuaciones que ha tenido la llevaron al juego más visto a nivel mundial.

Días antes del encuentro deportivo, en conferencia de prensa Miles dijo que se sentía contenta por compartir esta experiencia con el mundo, añadió que su objetivo era "llevar ese empoderamiento a millones de personas afroamericanas sordas en todo el país, que nunca antes lo habían visto".

La joven artista se volvió viral por su interpretación en lenguaje de señas del video musical 'Crush on You' de la canción de Lil' Kim. Su interpretación la hizo famosa y le logró abrir muchas puertas para poder expresarse.

Adele porta la bandera de México en pleno concierto en Las Vegas

Hace una semana Adele recibió una grata sorpresa por parte del actor Dwayne Johnson en la entrega de los Grammys, ahora la cantante británica le tocó hacer una acción muy especial con dedicatoria al público mexicano, pero sin visitar el país azteca.

La famosa se presentó en el Caesars Palace de las Vegas, Nevada, como parte de su temporada 'Weekends with Adele', durante la velada, la intérprete cantó 'When We Were Young', mientras lo hacía, recorrió los pasillos del recinto, portando en su espalda y hombros, la Bandera de México.

El momento fue compartido por varios usuarios de redes sociales, quienes recibieron de buena manera el gesto de la ganadora del Oscar y del Grammy. La cantante de 'Easy On Me', se presentó en el vecino país del sur en 2016, desde entonces sus fanáticos han esperado con ansias su retorno.

Lo sucedido se pudo hacer viral, gracias a que un nutrido grupo de mexicanos estuvieron presentes en su concierto, quienes le regalaron a la intérprete de 34 años la bandera mexicana. Con simpatía, Adele no sólo la aceptó, sino que se la colocó y la mostró a la audiencia.

"Adele, hermana, ya eres mexicana" publicaron múltiples internautas de la red social Twitter, en donde se hizo viral el video y la foto que documenta lo sucedido. A lo largo de su carrera, la británica ha sido muy cercana a su público, pero, sobre todo, ha sido empática.

Por ello, no sorprende que sus fans, como el exestrella de la WWE Dwayne Johnson hagan lo posible por corresponderla y vitorearla. Después de que se dio a conocer lo ocurrido en el concierto, los usuarios de Twitter en México han pedido que la cantante regrese a suelo azteca, tras casi siete años de ausencia.

Aunque el público mexicano tiene esperanza de que Adele regrese a su país, esto no será posible en el corto plazo, ya que la temporada 'Weekends with Adele' en las Vegas tiene prácticamente saturada su agenda hasta finales de marzo. Por el momento, no tiene más fechas pactadas.

Se especula, que después de su compromiso con el Caesars Palace, la británica tome un descanso y quizá, después, comience un proceso de composición que le daría lugar a una nueva producción. Su último álbum fue '30', lanzado en 2021, el cual tuvo un alto número de ventas.

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USFL Announces Schedule and Ticket Pre-Sells !!!

EL CENTRAL
HISPANIC NEWS
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Sports Editor: Dan Graschuck/ EL CENTRAL

The 2022-2023 NFL season has ended this past Sunday, with the Kansas City Chiefs winning Super Bowl LVII. Football fans do not have to wait until Fall for football to come back. The USFL (United States Football League), has announced their schedule. The USFL will kick off week one on Saturday, April 15th, with the Philadelphia Stars taking on the Memphis Showboats at 4:30 pm (FOX), and the New Jersey Generals taking on the Birmingham Stallions at 7:30 pm (FOX). On Sunday, April 16th, the Michigan Panthers take on the Houston Gamblers at 12:00 pm (NBC) and the Pittsburgh Maulers taking New Orleans Breakers at 6:30 pm. The Michigan Panthers and Philadelphia Stars will play their home games at Ford Field. The first home game for the Michigan Panthers and Philadelphia Stars will be Sunday, April 30th. For tickets for the Michigan Panthers or Philadelphia Stars games, visit: https://www.ticketmaster.com/event/08005E32050E659D get your season tickets for $25

Photos below are highlights are team schedules for the Michigan Panthers and Philadelphia Stars

2023 World Baseball Classic !!!

The 2023 World Baseball Classic starts on Tuesday, March 7th and runs through Tuesday, March 21st. The Detroit Tigers will be represented by 8 players. Among the 8 players, will be the 12-time All-Star and two-time American League MVP, Miguel Cabrera (who will play for Venezuela). Miguel Cabrera who turns 40 in April, will have taken part in all five editions of the WBC as a player. The other Detroit Tiger players joining Cabrera will be; left-handed starter Eduardo Rodriguez (Venezuela) shortstop Javier Báez (Puerto Rico), second baseman Jonathan Schoop (Netherlands), third baseman Andy Ibáñez (Cuba), infielder John Valente (Italy), right-handed reliever Chavez Fernander (Great Britain) and left-handed reliever Jack O'Loughlin (Australia). Miguel Cabrera photos by: Dan Graschuck/ EL CENTRAL

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US Women Ramping Up World Cup Prep

David Levine
EL CENTRAL

After making a two-match trip to New Zealand in January, the United States women's national team will take a step up in competition by hosting the She Believes Cup over the next week. Still smarting from a three-game losing streak in the fall that saw the defending World Cup champions lose to England, Spain, and Germany, the Americans will try to generate more positive momentum from three more games against highly-rated opponents.

First up will be the Olympic gold medal winners Canada. The Canadians, when in the right frame of mind, are one of the toughest opponents the US faces on a regular basis. However, Canada's preparations have been hit by a labor dispute. Initially, the team went on strike over their working conditions. Soccer Canada, after seeing the men qualify for a World Cup for the first time in 1986, have cut budgets and player call-ups. The players strongly disagreed with the association's underwhelming support. The root of the dispute is the same demand for equal pay that rocked US Soccer and produced a lawsuit and eventually an historic agreement that included both the men's and women's senior teams. Canada has not reached that level of harmony. The players are only participating in the She Believes Cup under the threat of being sued by Soccer Canada. It's a mess and nobody knows how well they will play given the off the field distractions.

After meeting Canada, the US will face Japan and Brazil. That's three games against three opponents with different styles. Canada will be physical and press the US. Japan will look for quick, skilled play. Brazil is Brazil. The women will play like the men, in rhythm, with elegance and individual flair. The format of the tournament is meant to mimic the group phase of a World Cup. There will be three games in three venues, with a few days in between. This will get the players used to playing, traveling, and playing again. Given the level of the teams involved, there will be some good intensity.

These games take on extra importance, because there will only be two more friendlies before the team leaves for New Zealand over the summer. Vlatko Andonovski has selected most of his top players. Defender Becky Sauerbrunn and forward Alex Morgan have more than 200 caps each. Megan Rapinoe will hit 200 if she appears in all three games. Only midfielder Taylor Korneick has fewer than 10 caps. Korneick, in spite of her relative inexperience, may be one of the key players on the roster. Andonovski's system requires a defensive midfielder to cover a lot of ground. That used to be Julie Ertz. Ertz, however, will not be part of the World Cup. Her spot on the roster and on the field has been difficult to fill. During the losses to England, Spain, and Germany, her absence meant that the US midfield was outplayed by a large margin.

Having a strong defensive midfielder would free up Rose Lavelle to be higher up the field and link with the forwards. She thrives when the rest of the midfield can handle the defensive side of the ball. Games are won and lost in midfield and the US midfield has not been great since the start of the generational change required after the last Olympics. Andonovski has tried Sam Mewis in the role, but she lacks the bite Ertz brought to the position. Ertz's experience would also benefit the young center defenders coming through. Naomi Gurma and Alana Cook have been standouts in the NWSL, but haven't faced many opponents at the upper echelons of the international game. This She Believes Cup will be a great test for them.

Morgan is now the leader of the attack. Rapinoe is more of a late game substitute when the team needs a goal or a veteran to lock things down. They are surrounded by an exciting group of young attackers who have lit up the NWSL. Trinity Rodman, Midge Purce, and Ashley Hatch represent the new generation. Rodman has the weight of expectations on her after signing a big contract and becoming one of the top attackers in the domestic league. Mallory Swanson has a lot of caps, 84, but has yet to lock down a certain starting role. These players are in a battle to make Andonovski's selections that much more difficult.

The USA will meet Vietnam, the Netherlands, and a playoff winner to be determined during the next two weeks in the group stage of the Women's World Cup. All of those group games will be in New Zealand, using the venues the Americans visited last month. That tour combined with the She Believes Cup and the two send-off friendlies are the final preparations for the defense of the World Cup title. The US has won the last two World Cups, but will not be a favorite this time around. There will be a much more serious challenge from Europe and Australia will be tough on their home turf. It's going to be a big challenge for a team in the midst of a generational change. The youngsters will have to raise their game to put the US into the later stages of the tournament.

Former Wolverine retires on top, ends 15-year NFL career with Super Bowl win

GRAND RAPIDS, Mich. (WOOD) - Just like another famous Wolverine, Chad Henne has decided to retire following the 2022-23 NFL season – this time going out as a champion.

The 37-year-old Henne, serving as Kansas City's backup quarterback, announced on Instagram Sunday night that he is "calling it a career," posing on the field with a beer and his freshly earned Super Bowl swag.

The Chiefs' social media team responded with a post, saying, "Congratulations on an incredible career. Thank you for everything you've done for us."

Henne was drafted in the second round of the 2008 NFL Draft by the Miami Dolphins. He battled with Chad Pennington for the starting role in Miami, both playing with mixed success. After four seasons in Miami, Henne left as a free agent and was able to catch on with other teams as a backup. He played six seasons in Jacksonville, backing up Blaine Gabbert and Blake Bortles. He signed with Kansas City in 2018 and played five seasons with the Chiefs, winning two Super Bowl rings while serving as a backup for Patrick Mahomes.

Henne also played some crucial minutes in the team's run to Sunday's Super Bowl XLII victory. He replaced Mahomes for a series after the star quarterback suffered an ankle injury against the Jacksonville Jaguars in the AFC Divisional Round. Henne led the team on a 98-yard touchdown drive, the longest in franchise history.

Across his 15-year NFL career, Henne played in 78 games, throwing for 13,290 yards and 60 touchdowns.

He still holds the record for most passing yards (9,715) and passing touchdowns (87) at the University of Michigan.

Former Wolverine retires on top, ends 15-year NFL career with Super Bowl win
Photo provided by WOOD Grand Rapids

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¿Por qué Biden dedicó sólo un minuto a la reforma migratoria?

Por José López Zamorano

Durante su segundo Mensaje Sobre el Estado de La Unión, la más alta tribuna de la República, el presidente Joe Biden dedicó apenas un poco más de un minuto al tema de la reforma migratoria.

Ante la nación, el presidente pidió a los dos partidos volver a convertir a la migración en un tema bipartidista.

Pero al final, Biden se dio virtualmente por perdido, pues sugirió que si el Congreso no aprueba su propuesta se conformaría con un mayor presupuesto migratorio.

El presidente, quien hizo una férrea promesa de campaña de luchar por una reforma migratoria con ruta a la ciudadanía, pareció dar por perdida la batalla antes de comenzarla.

En uno de los palcos del magno salón de sesiones de la Cámara de Representantes se encontraba la "dreamer" mexicana Gabriela Clatenco.

Como miles y miles de otros soñadores, Gabriela fue traída por sus padres muy pequeña, a los 4 años de edad. Con esfuerzos ingresó a la Universidad de California en Riverside, donde espera graduarse pronto como economista. A sus 20 años de edad, me comentó que no pudo ocultar su decepción cuando vio el mínimo tiempo que el presidente dedicó a hablar de su promesa.

"Estoy un poco decepcionada porque el tema de migración sólo tuvo una línea. Esperaba que dijera algo sobre el registro, sobre un camino a la ciudadanía. Ojalá podamos ver más acción porque siempre han sido muchas promesas, pero necesitamos ejecución ahora", me comentó antes de abordar su vuelo de regreso a California.

Tres días después del Mensaje sobre el Estado de la Unión, los senadores Dick Durbin y Lindsay Graham, uno demócrata y el otro republicano, reintrodujeron al Congreso la Dream Act 2023. Lo han venido haciendo por casi 20 años. Aunque una versión ya fue aprobada la década pasada en la Cámara de Representantes, se estancó en el Senado.

Ahora la ecuación está invertida a causa de la política. La mayor dificultad sería lograr su aprobación en la Cámara de Representantes, donde el liderazgo del republicano Kevin McCarthy es rehén de los ultraconservadores del Freedom Caucus. Ni entre ellos se han puesto de acuerdo en su iniciativa de ley de "control fronterizo".

Pero más allá de la posición política que se tenga sobre la reforma migratoria, sobre si es conveniente o no otorgar una ciudadanía a los Dreamers y a los trabajadores esenciales, especialmente los trabajadores del campo, dedicarle sólo un minuto a un tema de tanta trascendencia para la nación me parece un acto de miopía política.

Personalmente creo que la reforma migratoria no sólo es moralmente necesaria si no también económicamente vital para los intereses de seguridad nacional del país.

Que el presidente no haya dimensionado su importancia y no haya proyectado lo que está en riesgo para los intereses de la nación, convirtió a su mensaje sobre el estado de la unión en una oportunidad perdida para colocar el debate migratorio en la dimensión existencial que tiene para el futuro de Estados Unidos.

Opinions in this article are not necessarily those of the Publisher or Editor

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Applicants must currently own the lots or purchase them from the Detroit Land Bank Authority. Awards range from $500 to $15,000.

STEP 1 APPLICANT ELIGIBILITY

- Must be registered with the Department of Neighborhoods.
- Must be designated as a 501c(3).
- Organizations without a 501c(3) designation can partner with one (see required Partnership Letter).
- To register your block club with the Department of Neighborhoods, visit bit.ly/3yjnBDR.

STEP 2 SELECT YOUR SITE

- If you already own the lot(s), move to Step 3 to apply for the grant.
- If you wish to purchase lots, identify property in your neighborhood on: https://buildingdetroit.org/purchase_property
- To apply to purchase a lot, visit https://bit.ly/3yjnJ6j

STEP 3 DESIGN YOUR PROJECT

- Community gardens:
  - Raised beds for vegetables, flowers, or crops
  - Fruit and shade trees
  - Ornamental gardens
- Public space improvements:
  - Landscaping
  - Benches and tables
  - Art installations
  - Fencing or boulders
- Clean-up activities:
  - Brush clearing
  - Grading and seeding
  - Street/alley clean-ups
  - Graffiti and litter removal

QUESTIONS?

Contact Samuel Coons or Karmel Reeves at Samuel.Coons@detroitmi.gov or Karmel.Reeves@detroitmi.gov.

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How You Can Help Protect Workers and the Environment

(StatePoint) In an effort to better align with consumers' values, many industries have made reforms to reduce their impact on the environment while better protecting workers. However, a new report says that for grocery stores, it's business as usual when it comes to the way they source tuna.

The Tuna Retailer Report from Greenpeace USA, found at www.greenpeace.org, evaluated and graded the 16 largest grocery retailers in the U.S. market, looking at how careful the corporations were in ensuring that their tuna supply chains respected environmental sustainability and human rights standards. The bottom line: none of the retailers received a passing score on human rights issues or is doing enough to combat forced labor and modern slavery.

"We cannot afford slow or incremental progress when talking about these issues – these are people's lives," says Mallika Talwar, senior oceans campaigner at Greenpeace USA, who notes that due to the isolated nature of deep sea fishing, workers are particularly vulnerable to mistreatment.

At the same time, the retailers are making slow but steady improvements in the area of environmental sustainability, with just two of the 16 retailers scoring a passing grade in this category.

Advocates say that U.S. consumers have largely been kept in the dark about these realities and retailers continue to make profits without making changes, but that the $42.2 billion industry can chart a different course.

"America's largest grocery retailers have the economic power to influence change through their sourcing decisions and business practices," says Talwar.

According to Talwar, it's a growing problem. Nearly 6 million metric tons of tuna are removed from the ocean every year, an amount that has increased 1000% in six decades, according to researchers from the University of British Columbia and the University of Western Australia. In 2018 alone, tuna vessels worldwide netted $11 billion, while grocery stores

earned almost four times that amount from their sales of tuna products in the same year.

"We need at least one retailer to step forward and lead the way on human rights in the tuna industry. One company could be all that's needed to start a trend that would make a huge difference in the lives of thousands of workers around the world," says Marilu Cristina Flores, senior oceans campaigner, Greenpeace USA. "Consumers can also play a role in increasing visibility of these issues. As they've done with clothing manufacturers and other economic sectors, they can press their retailers to source their tuna responsibly."

Qué son los norovirus que cada vez infectan a más personas en EE.UU. y cómo protegerse

Por Dana Varinsky — NBC News

Los norovirus, un grupo de virus reacionados entre sí que son altamente contagiosos y causan vómitos y diarrea, parece estar en su punto álgido de la temporada, según datos de los Centros para el Control y la Prevención de Enfermedades (CDC, en inglés).

La tasa de pruebas positivas de norovirus de las últimas tres semanas superó el 15% en promedio. Se trata de la tasa de infección más alta registrada desde finales de marzo de 2022.

Qué son los norovirus y cómo se transmiten

Los norovirus son usualmente llamados gripe estomacal, pero no están relacionados con el virus de la gripe. Se trata más bien de una familia de virus muy contagiosos que suelen causar síntomas gastrointestinales como diarrea, vómitos, náuseas y dolor de estómago. También pueden causar fiebre y dolores leves.

Unas pocas partículas del virus bastan para enfermar. La infección se propaga fácilmente a través de las manos, las superficies, los alimentos y el agua. Según los CDC, una persona infectada puede transmitir el virus durante días, incluso hasta dos semanas, después de comenzar a sentirse bien.

Porcentaje de pruebas positivas en EE.UU.

Hasta este sábado, la región del Medio Oeste de Estados Unidos era la que tenía el promedio más alto de casos positivos de norovirus, con más del 19% de positividad. Ese número es el más alto registrado en cualquier otra semana del año pasado.

Los CDC hacen seguimiento a los brotes de norovirus a través de una red de 14 departamentos de salud estatales. Aunque los datos de la red van con retraso, su recuento más reciente indica que los departamentos de salud estatales notificaron 25 brotes hasta la primera semana de enero, la mayor cifra desde mayo.

Entre agosto y principios de enero, se notificaron a los CDC un total de 225 brotes de norovirus, frente a 172 durante el mismo período de la temporada anterior.

"Los brotes de norovirus y los casos notificados tanto por los departamentos de salud estatales como por los laboratorios clínicos están aumentando, pero se mantienen dentro de lo esperado para esta época del año", declaró Kate Grusich, portavoz de los CDC.

"Las medidas de prevención aplicadas durante la pandemia de COVID-19 fueron probablemente eficaces para prevenir los brotes de norovirus. A medida que se han relajado las restricciones por la pandemia, el número de brotes de norovirus ha vuelto a niveles similares a los de los años anteriores a la pandemia", añadió.

Cómo evitar contagiarse

Los norovirus son la principal causa de enfermedades transmitidas por alimentos en el país. Los alimentos pueden contaminarse si las frutas o verduras se cultivan o lavan con agua contaminada.

Las ostras también suponen un riesgo de norovirus si se recogen en aguas contaminadas. En diciembre, un brote multiestatal fue asociado al consumo de ostras crudas en Texas, y se registraron casi 300 casos de norovirus.

La mayoría de los brotes de norovirus en EE.UU. se producen entre noviembre y abril. Como media, el país registra unos 20 millones de casos al año, con cerca de 110,000 hospitalizaciones y 900 muertes, la mayoría entre personas de 65 años o más.

No hay tratamiento para el norovirus, pero los CDC recomiendan beber mucho líquido para evitar la deshidratación. La enfermedad suele retroceder en pocos días.

En Inglaterra, las tasas de norovirus este año son excepcionalmente altas, según la Agencia de Seguridad Sanitaria del Reino Unido. A finales de enero, los informes de laboratorio sobre norovirus eran un 66% superiores a la media de las cinco temporadas anteriores a la pandemia de COVID-19. La agencia atribuye el aumento principalmente a que las personas de 65 años o más están reportando más sobre su estado de salud.

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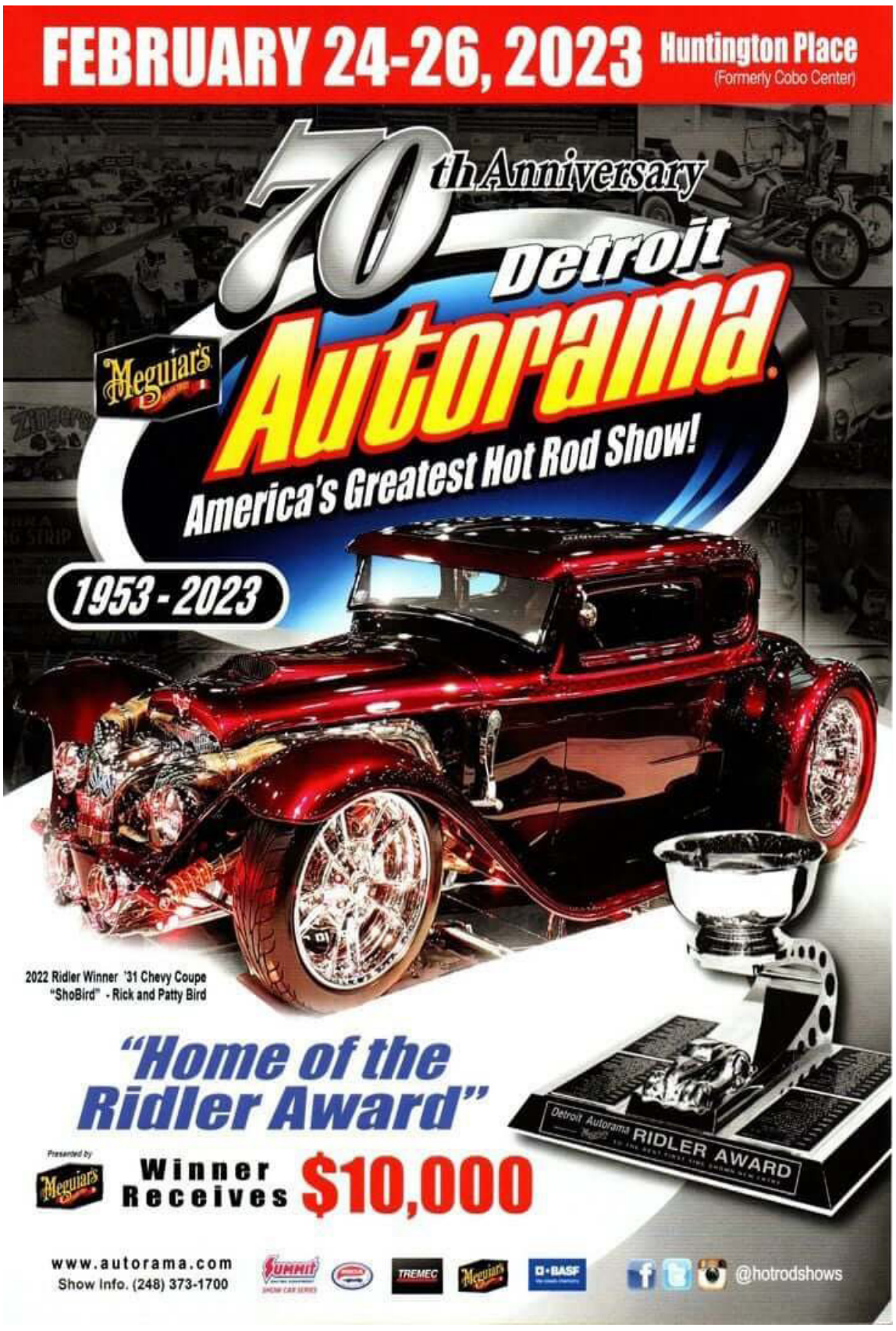

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